

Table 1. Proposed food application of XOS and maximum levels of use

Food Category	Proposed food uses	Serving size (g)						XOS use levels, g/serving
			95P	70P	35P	20P	70L	
Baby and toddler foods	RTE cereals, toddler	20	0.4	0.54	1.08	1.9	0.77	0.38
	Cookies, crackers, and puffs, baby food	7	0.25	0.34	0.68	1.2	0.49	0.24
	RTS fruit-based baby/toddler food	60 (strained)	0.25	0.34	0.68	1.2	0.49	0.24
		110 (junior)	0.25	0.34	0.68	1.2	0.49	0.24
		125 (toddler)	0.4	0.54	1.08	1.9	0.77	0.38
	Fruit juices, baby food	125	0.25	0.34	0.68	1.2	0.49	0.24
RTS dinners, baby/toddler food	60 (strained)	0.25	0.34	0.68	1.2	0.49	0.24	
	110 (junior)	0.25	0.34	0.68	1.2	0.49	0.24	
	170 (toddler)	0.4	0.54	1.08	1.9	0.77	0.38	
Beverages and beverage bases	RTD energy, sport, and isotonic beverages	225	0.5	0.68	1.37	2.4	0.98	0.48
	Carbonated and non-carbonated beverages, water, and beer	225	0.5	0.68	1.37	2.4	0.98	0.48
	Processed fruits, juice drinks, and punch	244	0.3	0.41	0.83	1.45	0.59	0.29
	RTD non-milk based meal replacements and protein beverages	266	0.3	0.41	0.83	1.45	0.59	0.29
Dairy product analogs	RTD soy beverages, chocolate milk, and flavored milk	225	0.5	0.68	1.37	2.4	0.98	0.48
	Frozen dairy desserts and mixes	68	0.3	0.41	0.83	1.45	0.59	0.29
Milk products	RTD flavored milk and milk drinks	250	0.3	0.41	0.83	1.45	0.59	0.29
	RTD milk-based meal replacements	266	0.3	0.41	0.83	1.45	0.59	0.29
	Yogurt, pudding, and jello	225	0.5	0.68	1.37	2.4	0.98	0.48
Health foods	Medicinal foods	40	1.2	1.63	3.25	5.7	2.33	1.14
	Chewing tablet and capsule	2	1.2	1.63	3.25	5.7	2.33	1.14
General foods	RTE cereals, cereal bars, granola bars, protein bars, and power bars	40	0.3	0.41	0.83	1.45	0.59	0.29
	Cookies, crackers, and puffs	40	0.3	0.41	0.83	1.45	0.59	0.29
	Chewing gum	1 stick	0.1	0.14	0.27	0.48	0.19	0.095
	Chocolate, candy, confectionary and sweet	40	0.3	0.41	0.83	1.45	0.59	0.29

*95P=powder form of 95% XOS; 70P=70% XOS, powder; 35P=35% XOS, powder; 20P=20% XOS, powder; 70L=liquid form of 49% XOS; RTE=ready-to-eat; RTD=ready-to-drink; RTS=ready-to-serve.